

Recite the Shema

אֵל מֶלֶךְ נֶאֱמָן

a faithful king God (is)

שְׁמַע יִשְׂרָאֵל יְהוָה אֱלֹהֵינוּ יְהוָה אֶחָד

(is) one

LORD

our God

the LORD

O Israel

Hear

[בְּרוּךְ שֵׁם כְּבוֹד מַלְכוּתוֹ לְעוֹלָם וָעֶד] - softly
and the future for this age His glorious kingdom (the) name (of) blessed (is)

וְאַהֲבַת אֵת יְהוָה אֱלֹהֶיךָ בְּכָל-לִבְבְּךָ

your heart

with all

your God

the LORD

()

and you shall love

וּבְכָל-נַפְשְׁךָ וּבְכָל-מְאֹדְךָ: וְהָיוּ הַדְּבָרִים

the words

and they will be

your strength

and with all

your soul

and with all

הָאֵלֶּה אֲשֶׁר אֲנִי מְצַוְךָ הַיּוֹם עַל-לִבְבְּךָ:

upon your heart

today

command you

I

that

(the) these

וּשְׁנַנְתֶּם לְבַנְיֵיךָ וּדְבַרְתָּ בָם בְּשִׁבְתְּךָ בְּבֵיתְךָ

in your house

when you sit

of them

and you shall speak

to your sons

you shall teach them

וּבְלַכְתְּךָ בַדֶּרֶךְ וּבְשֹׁכְבְּךָ וּבְקוּמְךָ: וּקְשַׁרְתֶּם

and you shall bind them

and in your rising up

and in your lying down

in the way

and in your walking

לְאוֹת עַל-יָדְךָ וְהָיוּ לְטֹטְפוֹת בֵּין עֵינֶיךָ:

your eyes

between

for frontlets

and they will be

on your hand

for a sign

וּכְתַבְתֶּם עַל-מְזוּזוֹת בֵּיתְךָ וּבְשַׁעְרֶיךָ:

and on your gates

(of) your house

the doorposts

upon

and you shall write them