

Ha'adamah Blessing Card

[Front Side]


cut and laminate

Blessing over food grown in earth

Recite before eating vegetables or fruits grown in the earth:

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,
בוֹרֵא פְּרִי הָאֲדָמָה.

ba·rukḥ at·tah Adonai, E·lo·hei·nu me·lekh ha·o·lam,
bo·rei pe·ri ha·a·da·mah.

3"

5"

[Back Side]


cut and laminate

Blessing over food grown in earth

Recite before eating vegetables or fruits grown in the earth:

Blessed art Thou, LORD our God, King of the universe,
Creator of the fruit of the earth.



3"

5"

Ha'adamah Blessing Card

Instructions:

1. Print the previous page to heavy paper stock (e.g., 80 pound white glossy paper is ideal).
2. Use scissors to carefully cut out the front/back of the card along the indicated lines.
3. Tape the front and back of the card together, back to back.
4. Laminate the card at Kinkos, Office Depot, etc.
5. For more information about the Hebrew blessing, please visit www.hebrew4christians.com.