



Mezonot -

Blessing over grains, flour, etc.

פְּקַדְתָּ הָאָרֶץ וּתְשַׁקְקָהּ רַבַּת תַּעֲשִׂרְנָהּ פֶּלֶג אֱלֹהִים מָלֵא נָוִים תְּכִין
דָּגָנָם כִּי־יִכֹן תְּכַיְנֶהּ:

*You visit the earth and water it; you greatly enrich it; the river of God is full of water;
you provide their grain, for so you have prepared it. - Psalm 65:9*

The following blessing is recited before eating grains, such as wheat products, barley, ryes, cookies, cakes, etc.

בָּרוּךְ אַתָּה יְהוָה אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,
בוֹרֵא מִיְּנֵי מְזוֹנוֹת.



*Blessed art Thou, LORD our God, King of the
universe, Creator of different kinds of
nourishment.*

Transliterated:

בָּרוּךְ אַתָּה יְהוָה אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,

ha'olam me-lekh elo-hei-nu 'Adonai 'at-tah ba-rukh
the universe king (of) our God Lord are you Blessed



בוֹרֵא מִיְּנֵי מְזוֹנוֹת.

mezonot minei bo-rei
different kinds of Creator of
nourishment

*Barukh attah Adonai Eloheinu melekh ha'olam,
borei minei mezonot.*