



# Natan Lanu Torat Emet -

## Customary Blessing after Torah Study

שְׁלוֹם רַב לְאַהֲבֵי תוֹרַתְךָ וְאִין־לָנוּ מִכְשׁוֹל:

*Great peace have those who love your law; nothing can make them stumble.  
- Psalm 119:165*

AS IT IS CUSTOMARY to recite a blessing before engaging in Talmud Torah - the study of the Torah, so we likewise recite a blessing after our studies:



*Transliterated:*

בָּרוּךְ אַתָּה יְהוָה אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר

a-sher	ha-o-lam	me-lekh	e-lo·he y·nu	Adonai	at-tah	ba-rukh
who	the universe	king (of)	our God	Lord	are you	Blessed

נָתַן לָנוּ תוֹרַת אֱמֶת - יֵשׁוּעַ מְשִׁיחֵנוּ - וְחַיֵּי עוֹלָם

o-lam	ve-chai·yei	me-shi·chein·u	yesh·u·a	e-met	to-rat	la·nu	natan
everlasting	and life	our Messiah	Jesus	of truth	the Torah	to us	gave

נִשֵּׂע בְּתוֹכֵנוּ. בָּרוּךְ אַתָּה יְהוָה, נוֹתֵן הַתּוֹרָה.

hat-to·rah	no·tein	Adonai	at-tah	ba-rukh	be-to·khein·u	nata'
(of) the Torah	giver	Lord	are you	Blessed	in our midst	set

*Blessed art thou, Lord our G-d, King of the universe, who  
gave us the Torah of truth – Yeshua our Messiah – and set everlasting  
life in our midst. Blessed art thou, O Lord, Giver of the Torah.*

*Barukh attah Adonai Eloheinu melekh ha-olam, asher  
natan lanu torat emet, v'chaiyei 'olam nata betokheinu.  
Barukh attah Adonai, notein haTorah.*