

Chazak v'ematz!

[Front Side]

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cut and laminate

Chazak v'ematz!

Mediate on the following verse to strengthen your heart:

חֲזַק וְאַמֵּץ אֶל-תַּעֲרֹץ וְאֶל-תַּחַת
כִּי עִמָּךְ יְהוָה אֱלֹהֶיךָ בְּכֹל אֲשֶׁר תֵּלֵךְ

cha-zak ve'e-matz al ta'a-rotz ve'al te-chat,
ki im-me-kha Adonai E-lo·he·kha be·khol a-she·r te-lekh

3"

5"

[Back Side]

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cut and laminate

Chazak v'ematz!

Mediate on the following verse to strengthen your heart:



*“Be strong and courageous.
Do not be terrified, and do not be
shattered, for the LORD your God
is with you wherever you go.”*

– Joshua 1:9

3"

5"